

FINDING INNER PEACE

MARCH 2, 3, 4

*Come join Deacons
Eddie Ensley and
Robert Herrmann
on a contemplative journey...
learn to pray as Jesus and as
the early Christians prayed...
“and you will find
rest for your souls.” -
Matthew 11:29*

Nightly Topics Include:

- How to cope with the hurts of life by letting God heal us in the quiet of prayer.
- Mary, our model of prayer and discipleship points us toward Jesus, resurrection, and new life after loss. See how her example can show us the way through the valley of tears to true Christian joy.
- Reconciliation in Relationships: When God forgives, he also forgets. Learn how to move beyond bitterness to reconciliation and peace.
- Learning to Pray Again:
Discovering the Font of Christian Life.



MONDAY THROUGH WEDNESDAY

MORNING SESSION
10:00 – 11:30 AM OR
EVENING SESSION
7:00 – 8:30 PM

Babysitting available both sessions.
RSVP to childcare@saintbrigid.org
Coffee and light breakfast will be
served following 9AM Mass